



The Journey of Growth

Working with the Dynamism and Levels of the Enneagram

presented by

Explorations of the Enneagram

September 16 - 17, 2017 Albuquerque, NM
October 14 - 15, 2017 Palo Alto, CA

Every day we travel paths of freedom and constriction, and we know that what liberates us brings us joy. Working with the Riso-Hudson Levels of Development helps us track our movement along a continuum from limitation to liberation.

The patterns we will look at and experience reveal both our habits and our possibilities ... and point us in the Direction of our own Integration, greater Presence and well-being.

This Workshop explores how the Levels of Development provide a vertical dimension to the personality Types. We will see how these Levels are a measure of each person's degree of fixation thus the degree with which they are able to be present vs. being swept away by past conditioning, reactivity, and defenses. Working with the Levels provides us with a recognition of where we are in our Journey of Growth and also will guide us toward greater health and transformation.

What will I learn in this workshop?

- How to use the Levels of Development as a tool in our daily lives and to help us chart our Journey of Growth.
- To sense what it feels like in our body, heart and mind to move up or down the Levels - a continuum of freedom and constriction.
- The challenges for each Type's specific growth path.
- Practical applications for integrating the disparate parts of our journey into our growth path.

Who should come?

- You ... if you're interested in personal growth and want to see what is blocking your journey and what will support you.
- You ... if you want to improve your personal or business relationships.
- You ... if you meet or guide others regularly as a counselor, therapist, healing or service professional.
- You ... if you sense a longing for more wholeness and a deeper expression of your True Nature.

Experiential dyads and meditation - in combination with the cognitive presentations - are designed to help you come to your own discoveries and find your own pathways to freedom and ease of Being.

This is an Intermediate Workshop: A basic knowledge of your Type is needed to be able to fully integrate this material. Recommended reading: *Discovering Your Personality Type, third edition* or *The Wisdom of the Enneagram* by Don Riso and Russ Hudson.

What Others Have Said About This Workshop:

I learned a great deal in a relatively short time. The material is useful/needful in my daily living and will reduce the number of conflicts in and around me. The material was also very well prepared and kept my attention. Many Thanks!
Else T.

Great process and tools for looking again at how I keep myself stuck.
Janet D.

You are both such gifted teachers and you seem to live it out - warm, accepting, positive, encouraging and knowledgeable. Thank you so much. It was everything I hoped for.

This is an enlightening and invigorating workshop. My eyes have been opened to new levels.
Kate S.

Great workshop - taught with high energy by experienced teachers. There was a good mix of lecture and exercises to keep me interested and personally involved. Very beneficial, empowering information and support for self-inquiry.
Ingrid F.

The Journey workshop really opened my eyes - and my heart - to where I am daily - under stress or more presence and to where I will be going in the journey to integration.
Laurie M.

Important, deep work. Thank you for shining the light on the Levels for me!
Brenda H.

It was a fabulously instructive, expanding weekend. Your collective, seamless ability to articulate this information was pretty amazing.
Sukie S.

Facilitators Elizabeth Blackford and Judy Cardoza are certified teachers with the Enneagram Institute and have been working with the Enneagram for two decades. Judy is also certified with Hurley and Donson. Elizabeth is additionally certified in the Enneagram Professional Training Program developed by David Daniels, MD and Helen Palmer. Elizabeth and Judy are in daily inquiry (and amazement) about the way their own patterns of movement through the Levels are determining the atmosphere and quality of any given moment. They invite you to join this adventure in self-awareness!



The Authorized Riso Hudson Workshops constitute a standardized core curriculum. They are developed by Don Riso and Russ Hudson, leading authors and teachers of the Enneagram, and are produced in affiliation with the Enneagram Institute.

Workshop Details:

Dates: **September 16-17 (NM) & October 14-15 (CA)**

Time: **Saturday & Sunday 8:30 am to 5:30 pm**

Place: **Albuquerque & Palo Alto**

Fee: \$285 -- **Early Bird discount** - \$245 - (Registration by September 1 (NM) & 29 (CA).
Early Bird Discount (per person) also offered to two or more registering together.

Note: **In case of cancellation**, refunds in full minus \$20 for processing before September 8 (NM) & October 6 (CA)
There is no refund one week before the beginning of the workshop.

For more information visit us at www.explorationsofenneagram.com
or E-mail us at info@explorationsofenneagram.com or phone toll free: 1-877-397-0222

To Register click here: <http://www.explorationsofenneagram.com/register.php>

Payment may be made by credit card, PayPal or by check. To pay by check:
Make check payable to: **Explorations of the Enneagram**, and mail to:
For NM - Judy Cardoza, Manzano Loop, NE, Rio Rancho, NM 87144
For CA - Liz Blackford, 354 North Clark Avenue, Los Altos, CA 94022

To Register by mail: Complete the form below and mail it with your check as directed above.



Registration for Your Journey of Growth Workshop
NM - Saturday through Sunday, September 16-17, 2017
CA - Saturday through Sunday, October 14-15, 2017
(Circle NM or CA)

NAME _____ **TYPE** (if known) _____
ADDRESS _____ **INSTINCT** (if known) _____
CITY _____ **STATE** _____ **ZIP** _____
PHONES (H) _____ **(W)** _____ **(CELL)** _____
E-MAIL _____
Profession (Optional) _____
CHECK ENCLOSED (Amount) _____ **(For # of Persons)** _____

PLEASE INCLUDE THE SAME INFORMATION FOR ALL CO-REGISTRANTS

Thank You!

Liz and Judy